



TOURNAMENT FORMAT & RULES – Short Version

- **5 Sand Soccer Fields. Ages U6 to Adult will play 4v4 on the field, plus a goalkeeper.**
- **Minimum 4 players on the field at ALL times. Substitutions: Unlimited & on the fly.**
- **The Game: 2 periods of 20 minutes each, with 2 minute breaks in between.**
- **Win= 6 Points, Tie= 3 Point, Loss= 0 Points, Shut out = 1 Point, 0-0 Tie = 4 Points
1 Point for each goal scored (up to 3 goals), and -1 Point for player/coach RED CARD.**
- **Ties in preliminary games will remain a tie. For quarter-final, semi-final and final matches, ties will be resolved in the following order:**
 - 1. One 3 minute "golden goal" overtime in which the winner shall be the first team to score a goal.**
 - 2. Penalty Kicks Shootout. First round to consist of five players from each team kicking. Any players may kick. A minimum of one female player must kick in the first round of all Coed divisions. If tied after first round, kicks shall be taken one for one. Players cannot repeat until all eligible players have kicked**
- **Goal-Kicks: INDIRECT. Goal-Keeper may throw or kick the ball into play and over the halfway line. Punting is allowed. If 5-second time rule is broken, opposing team gets a DIRECT free-kick from the halfway line.**
- **Pass-backs: Goal-Keepers are allowed to use hands, but not twice in a row in one possession.**
- **Corner Kicks: DIRECT. If 5-second time rule is broken, opposing team gets a Goal-Kick. Opponents to stay 5 yards away from kicker.**
- **Kick-Offs: INDIRECT. Wall allowed. Opponents to stay 5 yards away from kicker.**
- **Free-Kicks & Penalty Kicks: DIRECT. NO WALL allowed. Opponents to stay 5 yards away from kicker (please see Diagrams for Free-Kick positioning of players).**
- **Kick-Ins & Throw-Ins: INDIRECT & taken from the sidelines. A player can choose to kick or throw the ball back into play. If 5-second time rule is broken, opposing team gets a Kick-In. Opponents to stay 5 yards away from kicker.**
- **No Offsides.**
- **Referee or Field Marshall will check Official player wrist-bands prior to games.**
- **Shoes & shin guards are not allowed, although socks, tape and ankle guards are permitted.**

For a detailed description of correct Positioning of Players during Free-Kicks, please see Diagram 1 & Diagram 2.